

Training Objectives

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Nationally Certified Olweus Bullying Prevention Program Trainer



Training Objectives

1. I am able to identify a bully/victim situation.
2. I am confident on how to intervene in a bullying/victim conflict.
3. I realize the importance of empowering bystanders and that most students want to help and get involved.
4. I have a clearer definition of bullying behavior (**Rip**).
5. I can site examples of overt and covert bullying.
6. I can differentiate between bullying, fighting, and horse-play.
7. I can define and site examples of relational aggression.
8. I now realize that students who perceive that school is unsafe cannot learn.
9. I realize that about 30% of students are bullies, victims or both.
10. I realize that there is more bullying in elementary grades.
11. I have learned that most bullying is NOT physical but is mean names, exclusion, and gossip/rumors.
12. I know that the word bullying comes from the word *mobbing*.
13. I have learned that boys usually bully more than girls but girl bullying is increasing.
14. I have learned that there is equal bullying in large and small classes.

15. I have learned that bullying is more likely during school hours than on the way to and from school.
16. I realize that bullies are typically popular and have a high self-esteem.
17. I understand that students have a right to attend school, NOT be called names, and be treated with respect.
18. I understand that most victims of bullying are NOT targeted because of outward characteristics.
19. I realize that most school shooters (71%) were bullied and teased.
20. I have learned that Dr. Dan Olweus has been systematically studying bullying since the 1970s.
21. I understand that bullying is behavior that is repeated, intentional, with power based.
22. I know that a provocative victim can be involved in both bully and victim behavior.
23. I understand that children with disabilities are more likely to be bullied.
24. I understand that children are the most aggressive at age two.
25. I know that empathy crystallizes by age nine.
26. As an intervention, I have learned that a victim should log behavior.
27. As an intervention, I have learned that prosocial consequences for bullies should be considered.
28. As an intervention, I have learned to name it bullying behavior.
29. I learned that 60% of bullies grades, 6-9, have been convicted of one registered crime by age 24.
30. I learned that fighting is discouraged by all researchers.